



### HEADLICE

We have been made aware by a number of parents that their child has been treated for headlice this week. We recognise that headlice are very good at hiding and any cases we have been notified about will be surrounded by undiagnosed cases.

Although there is nothing you can do to prevent headlice, you can help stop them spreading by wet combing your child’s hair regularly, using a detection comb, to catch them early.

Please look out for an email from us with more information on detection and treatments.

### PUPIL PANEL

This week 2 of our year 6 pupils, Samiya and Thiya got to visit Jactin House in Manchester to be featured guests on a Podcast.

The girls discussed female role models in STEM and lots of other topics. What a fantastic experience!



### CONTACT DETAILS

Please make sure your contact details including telephone number and email address are up to date via the Arbor app.

### CLASS PHOTOS

The photographer will be in school on **Monday 10th February** to take our Reception and Year 6 class photos.

Please make sure children are in their full school uniform on the day.

**HAPPY LUNAR NEW YEAR TO OUR FAMILIES WHO CELEBRATE.**

**2025 IS THE YEAR OF THE SNAKE.**



### CHILDREN’S MENTAL HEALTH WEEK

Next week is Children’s Mental Health Week!  
**Children can come to school wearing something yellow next Friday 7th February** (school uniform still required please!)

**TIPS FOR FAMILIES**

**Place2Be's CHILDREN'S MENTAL HEALTH WEEK**

- 1 Encourage journaling**  
Just like Riley, encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.
- 2 Make space for reflection**  
When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.
- 3 Be visual**  
Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.
- 4 Practice mindfulness**  
Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.
- 5 Communicate**  
Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)

**PLEASE MAKE SURE YOUR ARBOR NOTIFICATIONS ARE SWITCHED ON TO AVOID MISSING MESSAGES FROM US.**

### ATTENDANCE

Regular attendance at school is crucial if children are to achieve the best outcomes possible. Please ensure your child attends school every day or you may be given a fixed penalty notice.

Best attending classes week ending **24/01/25:**  
**EY/KS1 - Robin 96.7%**  
**KS2 - Woodpecker 98.7%**

### KEY DATES FOR YOUR DIARY

10.02.25: Reception & Year 6 class photos  
14.02.25: School closes for Feb half term break  
24.02.25: Return to school today





# Swan Class



What a busy time we have had already this half-term. The children are working really hard and they all really enjoyed

In PSHE we have been finding out how to keep our teeth clean and healthy.



We enjoy exploring the maps, globes and atlases in our Geography lessons.



In Design and Technology we have been practicing our chopping, peeling and grating skills to help us prepare a healthy snack.

